

# Welcome!

Effie Yeaw Nature Center isn't just a place; it's a legacy.

Named after the remarkable Effie Yeaw, an elementary teacher and passionate advocate for environmental conservation, our Nature Center embodies her bold spirit of curiosity, learning, and love for the natural world.

Since our founding almost fifty years ago by Sacramento County Regional Parks, this diverse biological ecosystem and culturally significant region has been a notable landmark in the Sacramento area for nature enthusiasts, trekkers, and citizen scientists.

Nestled within the tranquil beauty of Ancil Hoffman Park and operated by the American River Natural History Association since 2010, the Effie Yeaw Nature Center is an unique experience for those seeking to **DISCOVER**, **EXPLORE**, and **ENGAGE** in the lower American River Parkway.

*American River Natural History Association*

## DISCOVER

**HOURS OF OPERATION** Monday: Closed, Tuesday-Sunday 9:00am-5:00pm (winter hours may differ)

**PARKING ARNHA** Members are free. Daily parking pass: \$7.00; Sacramento County Regional Parks Annual Pass: \$70.00. Parking passes may be purchased at the front gate of Ancil Hoffman Park or inside the Nature Center. Exact cash appreciated; no bills over \$50.00

Park Rangers do ticket!

**AMMENITIES** Indoor and outdoor restrooms; Natural History Museum exhibits; children's playscape; outdoor exhibits including cultural classroom and Valley Nisenan Summer Village replica, observation pond, and pollinator garden; Assembly Building; 100-acre Nature Study Area with hiking trails and American River access; picnic area and water fountains; live animal ambassadors; Discovery Store giftshop.

## EXPLORE

**LEAVE NO TRACE** Stay on trail; pack it in, pack it out; no collecting (rocks, feathers, plants, etc...); take only photos and leave only footprints; help us keep plants native by cleaning your shoes on the way back at the boot-scrubber by the trail-head.

**ONLY SERVICE ANIMALS ALLOWED** Pets are not allowed inside the Nature Study Area as they negatively impact the sensitive ecosystem and encounters between them, and wildlife can be dangerous.

**HORSES AND BIKES** Horses and bicycles are not allowed inside the Nature Study Area. Horses may be ridden in other areas of Ancil Hoffman Park. Bicycles are permitted on paved surfaces only.

**RATTLESNAKES** Visitors are encouraged to wear closed-toe shoes and to stay on the trails as the Nature Study Area is home to rattlesnakes.

**FIRE-FREE ZONE** The Nature Study Area is a fire-free zone. Campfires, smoking, fireworks, and BBQs are not allowed. There is a park BBQ located across the road from the Nature Center in an approved BBQ pit.

**FLOTATION DEVICES** Always use U.S. Coast Guard approved flotation devices for children under 12 years of age when floating, swimming, boating, or paddling in rivers or ponds—it's the law! (Available at the Golf Course for free use.)

**STAY HYDRATED** Feel free to fill up your water bottles at our water fountains.

**DRESS ACCORDINGLY** The Nature Study Area's landscape changes with the seasons. Wear proper attire and bring the necessary gear for the weather.

**HOME SWEET HOME** The Nature Study Area is home to a coterie of wildlife! Be mindful of your presence because that pile of leaves/cluster of twigs/hole in the ground may actually be an animal's nest/den/burrow. Suggested size on the trails is 20 or less per group.

**NEVER PICK UP A BABY ANIMAL!** Its parents are most likely nearby. If it is obviously injured, please report concerns to the Nature Center at (916) 876-4918 so that we can contact Fish and Wildlife if deemed necessary.

## ENGAGE

**MEMBERSHIP** The American River Natural History Association is a 501(c)3 non-profit organization. Your ARNHA membership supports our mission. Membership levels vary with many being wholly tax-deductible or in part. Benefits may include free parking at the Nature Center; discount in the Discovery Store; reduced ticket/event/camp registration fees; complimentary swag; VIP perks; and additional benefits at higher levels.

**VOLUNTEER** ARNHA volunteers support the Effie Yeaw Nature Center through a broad spectrum of opportunities: animal husbandry assistant; front desk reception; habitat restoration and trail stewards; marketing/membership and fundraising; docents; interns; and specialty groups such as scouts, schools, and businesses.

**PROGRAMS + COMMUNITY EVENTS** Check out our events calendar online! Public and private group tours are available by reservation. Field trips and outreaches can also be scheduled on our website. Additionally, the Nature Center offers an array of educational and enjoyable programs such as lecture series, camps, animal outreaches, cultural demonstrations, family programming, and seasonal activities.

**"ADOPT" AN ANIMAL** "Adopting" an animal at Effie Yeaw Nature Center means you are helping feed and house one of our 30 animal ambassadors. Many of our residents support our educational programs and community outreaches.

After you make your donation, we will provide you with letter of gratitude and "trading card" of your fostered animal.



63,391  
visitors in 2023



30+ Animal  
ambassadors



600+ individual  
and organization  
volunteers



10 different  
families of  
trees



7 unique trails  
in the Nature  
Study Area



520 K-12  
programs  
offered



We work with  
more than 15  
community partner  
organizations and  
agencies



Celebrating  
48 years



2850 San Lorenzo Way, Carmichael, CA 95608

[www.effieyeawnature.org](http://www.effieyeawnature.org)



# Take a Hike!

## EXPLORE THE TRAILS AT EYNC.



**MAIN TRAIL** - 0.4932 MILES: quickest path to the river; wheelchair, walker, and stroller friendly!



**BLUFF TRAIL** - 0.2002 MILES: busy woodpecker activity; stairs (limited wheelchair accessibility)



**NATOMA TRAIL** - 0.1674 MILES: many harvester ants hard at work on this trail



**WOODLAND TRAIL** - 0.1953 MILES: plenty of shade on a hot day (but look out for poison oak--stay on the trail!)



**RIVERVIEW TRAIL** - 0.4898 MILES: shade, poison oak, and often deer and turkey sightings



**POND TRAIL**- 0.2519 MILES: huge patch of mugwort near the pond; check the pipevine for caterpillars



**MEADOW TRAIL** - 0.3851 MILES: best for a long nature stroll; many habitats, plants, and animal activity to observe!

# VISITOR GUIDE AND TRAIL MAP



EFFIE YEAW  
NATURE CENTER

PARKING

NATURE  
STUDY  
POND

PERIMETER TRAIL



NATOMA TRAIL



MAIN TRAIL

PARKING



WOODLAND TRAIL

RIVERVIEW TRAIL



MEADOW TRAIL



POND TRAIL



BLUFF TRAIL

MAIN TRAIL